

**Continuous Learning Plan: Grades 1-2 BC Curriculum AND Hebrew/Judaic Studies**  
 Week of April 20<sup>th</sup> - April 24<sup>th</sup>

**Monday**

<b>Zoom Calls/Special Events</b>	<b>Must Do Assignments</b>	<b>Must Do Assignments BC Curriculum</b>
<ul style="list-style-type: none"> <li>• 10:00 - BC Curriculum for everyone</li> <li>• 11:00 - Grade 2 Hebrew/Judaic</li> <li>• 1:30 - Whole class informal meeting</li> </ul>	<p><b>Tfillah</b></p> <ul style="list-style-type: none"> <li>• Practice the morning prayer</li> <li>• Practice the blessing over different types of foods that you eat</li> </ul> <p><b>Hebrew Reading</b></p> <ul style="list-style-type: none"> <li>• Read a Hebrew book every day for ten minutes. Choose someone at home to read out loud to and/or have them read out loud to you.</li> </ul> <p><b><u><a href="#">iTaLAM</a></u> (click for link)</b></p> <ul style="list-style-type: none"> <li>• Grade 1 - Ariot. A variety of activities including stories, word completion, games, listening and speaking. Log in and select a letter to work on for at least 20 min.</li> <li>• Grade 2 - Tov bakita unit and Israel unit</li> </ul> <p><b>Practice Hebrew Writing by doing the following:</b></p> <ul style="list-style-type: none"> <li>• Write letters, words, sentences or stories.</li> </ul>	<p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• Writing assignment based on today's morning lesson on Opinion writing, Students are going to have to brainstorm some topics for their opinion writing pieces. They should fill out at least 2 of <u>these</u> sheets. <b>They will need to have them for tomorrow's lesson.</b></li> </ul> <p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• Spend at least 10 minutes a day reading and/or listening to reading on Epic or somewhere else. If you read, don't forget to log it in your reading log!</li> </ul> <p><b>Math</b> - Log in to IXL with your username and password. <b>If you have not yet done the diagnostic, please do so.</b> If you have, please work on some addition and subtraction.</p>

	<ul style="list-style-type: none"> <li>• OR - Work on the Ariot booklet that was sent home</li> <li>• OR - Draw a picture and label items on the picture.</li> <li>• OR - Create word and picture matching card (Dog and a picture of Dog etc)</li> </ul>	<p><b>ADST</b> - Build your own obstacle course at home and try it. Try to beat your own time. Now think of ways that you can improve it and modify your course. Take pictures and email them to Stacey.</p>
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<p align="center"><b>Tuesday</b></p>		
<p align="center"><b>Zoom Calls/Special Events</b></p>	<p align="center"><b>Must Do Assignments</b></p>	<p align="center"><b>Must Do Assignments BC Curriculum</b></p>
<ul style="list-style-type: none"> <li>• 10:00 - BC Curriculum for everyone</li> <li>• 11:00 - Grade 1 Hebrew/Judaic</li> </ul>	<p><b>Tfillah</b></p> <ul style="list-style-type: none"> <li>• Practice the morning prayer</li> <li>• Practice the blessing over different types of foods that you eat</li> </ul> <p><b>Hebrew Reading</b></p> <ul style="list-style-type: none"> <li>• Read a Hebrew book every day for ten minutes. Choose someone at home to read out loud to and/or have them read out loud to you.</li> </ul> <p><b><u><a href="#">iTALAM</a></u> (click for link)</b></p> <ul style="list-style-type: none"> <li>• Grade 1 - Ariot. A variety of activities</li> </ul>	<p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• Writing assignment based on today's morning lesson - Making a Writing Plan. Use <a href="#">this template</a>.</li> </ul> <p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• Spend at least 10 minutes a day reading and/or listening to reading on Epic or somewhere else. If you read, don't forget to log it in your reading log!</li> </ul> <p><b>Math</b> - Measurement. Please log in to IXL and do the measurement exercises</p>

	<p>including stories, word completion, games, listening and speaking. Log in and select a letter to work on for at least 20 min.</p> <ul style="list-style-type: none"> <li>Grade 2 - Tov bakita unit and Israel unit</li> </ul> <p><b>Practice Hebrew Writing by doing the following:</b></p> <ul style="list-style-type: none"> <li>Write letters, words, sentences or stories.</li> <li>OR - Work on the Ariot booklet that was sent home</li> <li>OR - Draw a picture and label items on the picture.</li> <li>OR - Create word and picture matching card (Dog and a picture of Dog etc)</li> </ul>	<p>recommended to you. If you need help, click at the top where it says "Learn with an example"</p> <p><b>Social Studies-</b> Who are the people in Richmond who are still helping out during Covid 19? These are the frontline workers. Make a poster thanking them and put it in your window. Go outside with your parents at 7 pm to cheer them on.</p>
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<p align="center"><b>Wednesday</b></p>		
<p align="center"><b>Zoom Calls/Special Events</b></p>	<p align="center"><b>Must Do Assignments</b></p>	<p align="center"><b>Must Do Assignments BC Curriculum</b></p>
<ul style="list-style-type: none"> <li>10:00 - BC Curriculum for everyone</li> <li>11:00 - Grade 2 Hebrew/Judaic</li> </ul>	<p><b>Tfillah</b></p> <ul style="list-style-type: none"> <li>Practice the morning prayer</li> <li>Practice the blessing over different types of foods that you eat</li> </ul>	<p><b>Writing</b></p> <ul style="list-style-type: none"> <li>Writing assignment based on today's morning lesson. Beginning to draft-introduction. Please use</li> </ul>

<ul style="list-style-type: none"> <li>1:30 - Whole class informal meeting</li> </ul>	<p><b>Hebrew Reading</b></p> <ul style="list-style-type: none"> <li>Read a Hebrew book every day for ten minutes. Choose someone at home to read out loud to and/or have them read out loud to you.</li> </ul> <p><b><u><a href="#">iTaLAM</a></u> (click for link)</b></p> <ul style="list-style-type: none"> <li>Grade 1 - Ariot. A variety of activities including stories, word completion, games, listening and speaking. Log in and select a letter to work on for at least 20 min.</li> <li>Grade 2 - Tov bakita unit and Israel unit</li> </ul> <p><b>Practice Hebrew Writing by doing the following:</b></p> <ul style="list-style-type: none"> <li>Write letters, words, sentences or stories.</li> <li>OR - Work on the Ariot booklet that was sent home</li> <li>OR - Draw a picture and label items on the picture.</li> <li>OR - Create word and picture matching card (Dog and a picture of Dog etc)</li> </ul>	<p><u><a href="#">this</a></u>. We will watch <u><a href="#">this video</a></u> which students should come back to when they are writing their introduction- <b>Due tomorrow</b></p> <p><b>Reading</b></p> <ul style="list-style-type: none"> <li>Spend at least 10 minutes a day reading and/or listening to reading on Epic or somewhere else. If you read, don't forget to log it in your reading log!</li> </ul> <p><b>Math</b> - Measurement. Please log in to IXL and do the measurement exercises recommended to you. If you need help, click at the op where it says "Learn with an example"</p> <p><b>Science</b>- Today is Earth Day. Create a Bingo card with things that you might find in nature. Now go for a nature walk and see if you can fill in the whole card.</p>
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**Continuous Learning Plan: Grades 1-2 BC Curriculum AND Hebrew/Judaic Studies**  
 Week of April 20<sup>th</sup> - April 24<sup>th</sup>

**Thursday**

<b>Zoom Calls/Special Events</b>	<b>Must Do Assignments</b>	<b>Must Do Assignments BC Curriculum</b>
<ul style="list-style-type: none"> <li>• 10:00 - BC Curriculum for everyone</li> <li>• 11:00 - Grade 1 Hebrew/Judaic</li> </ul>	<p><b>Tfillah</b></p> <ul style="list-style-type: none"> <li>• Practice the morning prayer</li> <li>• Practice the blessing over different types of foods that you eat</li> </ul> <p><b>Hebrew Reading</b></p> <ul style="list-style-type: none"> <li>• Read a Hebrew book every day for ten minutes. Choose someone at home to read out loud to and/or have them read out loud to you.</li> </ul> <p><b><u><a href="#">iTaLAM</a></u> (click for link)</b></p> <ul style="list-style-type: none"> <li>• Grade 1 - Ariot. A variety of activities including stories, word completion, games, listening and speaking. Log in and select a letter to work on for at least 20 min.</li> <li>• Grade 2 - Tov bakita unit and Israel unit</li> </ul> <p><b>Practice Hebrew Writing by doing the following:</b></p> <ul style="list-style-type: none"> <li>• Write letters, words, sentences or stories.</li> </ul>	<p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• Writing assignment based on today's morning lesson. Backing up my opinion. Students will write paragraphs explaining their reasons for their opinion. They can use the paper link for Wednesday's lesson. They can go back to this <a href="#">video</a> if they need help. <b>Due next Monday.</b></li> </ul> <p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• Spend at least 10 minutes a day reading and/or listening to reading on Epic or somewhere else. If you read, don't forget to log it in your reading log!</li> </ul> <p><b>Math - Measurement.</b> Please log in to IXL and do the measurement exercises recommended to you. If you need help, click at the op</p>

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<p align="center"><b>Friday</b></p>		
<p align="center"><b>Zoom Calls/Special Events</b></p>	<p align="center"><b>Must Do Assignments</b></p>	<p align="center"><b>Must Do Assignments BC Curriculum</b></p>
<ul style="list-style-type: none"> <li>• 10:00 - BC Curriculum for everyone</li> <li>• 11:00 - Grade 1 Hebrew/Judaic</li> <li>• 2:00 Facebook Live concert with the Moshav Band</li> </ul>	<p><b>Tfillah</b></p> <ul style="list-style-type: none"> <li>• Sing some Shabbat songs</li> <li>• Practice the blessings over the wine and challah</li> </ul> <p><b>Hebrew Reading</b></p> <ul style="list-style-type: none"> <li>• Read a Hebrew book every day for ten minutes. Choose someone at home to read out loud to and/or have them read out loud to you.</li> </ul> <p><a href="#">iTaLAM (click for link)</a></p> <ul style="list-style-type: none"> <li>• Grade 1 - Ariot. A variety of activities</li> </ul>	<p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• Writing assignment based on today's morning lesson</li> </ul> <p><b>Math - Measurement.</b> Please log in to IXL and do the measurement exercises recommended to you. If you need help, click at the op where it says "Learn with an example"</p> <p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• Spend at least 10 minutes a day reading and/or listening to reading on Epic or somewhere else. If</li> </ul>

	<p>including stories, word completion, games, listening and speaking. Log in and select a letter to work on for at least 20 min.</p> <ul style="list-style-type: none"> <li>Grade 2 - Tov bakita unit and Israel unit</li> </ul> <p><b>Practice Hebrew Writing by doing the following:</b></p> <ul style="list-style-type: none"> <li>Write letters, words, sentences or stories.</li> <li>OR - Work on the Ariot booklet that was sent home</li> <li>OR - Draw a picture and label items on the picture.</li> <li>OR - Create word and picture matching card (Dog and a picture of Dog etc)</li> </ul>	<p>you read, don't forget to log it in your reading log!</p>
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<p align="center"><b>Optional Assignments</b></p>	
<p>Want to work your brain doing math? Go try some of <a href="#">these activities</a></p>	<p>Are you interested in science? Go check out <a href="#">this cool website</a></p>
<p>Go play on <a href="#">Prodigy</a></p>	<p>Parashat hashavuah - Tazria-Metzora Watch the following video <a href="https://www.youtube.com/watch?v=h6bPAYPCYu4">https://www.youtube.com/watch?v=h6bPAYPCYu4</a> Something to think about; In the Parasha, the people of Israel were dealing with a skin disease. What did they do to prevent</p>

	this disease? What are we doing to protect ourselves from the COVID-19 pandemic?
Complete about 20 minutes of coding (section assigned by your teacher) at: <a href="http://www.code.org">www.code.org</a>	Play a typing game at: <a href="https://www.abcya.com/games/cup_stack_typing_game">https://www.abcya.com/games/cup_stack_typing_game</a>
Yom Ha'atzmaut is coming - Israel Independence Day Create the flag of Israel with things you have at home, like beads, sticks, plasticine, crayons, etc. Go outside and collect things from nature, like branches, stones, leaves, grass, etc. Create the biggest Magen David that you can. Don't forget to take a picture of your beautiful work so we can share it!	Call a friend and ask them what their favourite part of their vacation was.

<b>Continuous Learning Plan: Grade 1&amp;2</b> Week of April 20 <sup>th</sup> -24 <sup>th</sup>		
<b>PE Activities for the Week</b> (Choose 1-2 options per day to complete)		
<b>Israeli Dance Link</b>  <a href="https://youtu.be/XxfeoqP1XOI">https://youtu.be/XxfeoqP1XOI</a>	<b>Games to play as a family!</b>  <a href="https://www.verywellfamily.com/active-games-for-family-game-night-4065145">https://www.verywellfamily.com/active-games-for-family-game-night-4065145</a>	<b>Go Noodle!</b>  Get active with a fun activity - your choice!  <a href="https://app.gonoodle.com/">https://app.gonoodle.com/</a>




<p><b>Yoga!</b></p> <p><a href="https://youtu.be/LhYtcadR9nw">https://youtu.be/LhYtcadR9nw</a> Enjoy some Cosmic Yoga!</p>	<p><b>Jump rope fun!</b></p> <p>Jump rope to your favourite fast songs. See how long you can do for...</p>	<p>Try your hand at dancing to some old time rock &amp; roll.</p> <p><a href="https://youtu.be/oUYSYLC1UIA">https://youtu.be/oUYSYLC1UIA</a></p>
<p><b>Get Outside!</b></p> <p>Take a walk, ride your trike or bike, jump rope, shoot some hoops, bounce a ball, go for a hike, jump on the trampoline, scooter. 30-40 minutes!</p>		<p><b>Practice...</b></p> <p>Hopping like a rabbit! Leaping like a frog! Stretching like a cat! Running like a horse! Rolling like a pill bug!</p>
<p><b>Learn "My Hat is Has Three Corners" in Hebrew!</b></p> <p><a href="https://www.youtube.com/watch?v=NrNcxluggHY">https://www.youtube.com/watch?v=NrNcxluggHY</a></p>		<p><b>Israeli Dancing For All!</b></p> <p><a href="https://youtu.be/RuOuD eSfj1I">https://youtu.be/RuOuD eSfj1I</a></p>

## Extracurricular Activities: Grades K – 2

Week of April 20<sup>th</sup> to April 24<sup>th</sup>

Please choose at least **1** activity from **each subject** to complete for the week.

Morah Shany would love to see your completed work: [scohen@rjds.ca](mailto:scohen@rjds.ca) 😊

<p style="text-align: center;"><b>ART</b></p>	<p><u><a href="#">Community Heroes</a></u> Show your thanks to our frontline workers by taping up your artwork of rainbows, hearts, and flowers on your window (facing outwards). Who are your local heroes? A local nurse? A grocery store worker? There are so many heroes!</p>	<p><u><a href="#">Earth Day</a></u> This Wednesday is Earth Day! Celebrate our planet by making Earth a “thank-you” card. Be sure to use recycled materials. That will make Earth so happy! Inside your card, draw or write how you will continue to take care of our planet? Will you turn the lights off when you leave a room? Walk or ride a bike as much as you can? What else can we do to help?</p>	
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<p style="text-align: center;"><b>MUSIC</b></p>	<p><u><a href="#">Peg + Cat Music</a></u> Create a song with Peg and Cat! What happens to the sound when the musical trees are raised up and lowered down? <a href="https://pbskids.org/peg/games/music-maker">https://pbskids.org/peg/games/music-maker</a></p>	<p><u><a href="#">Favourite Song</a></u> Did you know that different people have different likes and dislikes in music? The songs that you like might be different than your mom’s or dad’s favourite song. Ask each person in your house to play you their favourite song! How is their favourite song different than yours?</p>
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<p>TECHNOLOGY</p>	<p><a href="https://www.code.org">Code.org</a> Continue to work on <a href="https://www.code.org">www.code.org</a> for 20 minutes. Be sure to watch the instructional videos before completing a level. Morah Shany is here to help if you have a question. If this is your first time logging in, you will need our section code: grades k – 1 <b>PDTHRY</b> and grade 2 <b>QRQKST</b></p>	<p><a href="https://pbskids.org/scribblesandink">Scribbles and Ink</a> Did you know that you can draw on the computer? Give it a try! <a href="https://pbskids.org/scribblesandink/draw">https://pbskids.org/scribblesandink/draw</a></p>
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<p>HOME ECONOMICS</p>	<p><a href="#">Kitchen Safety</a> What are some rules that you must follow in the kitchen to stay safe? Do you turn the stove off when you are done? Do you make sure you have adult supervision? Create a poster with some safety rules that your family follows in the kitchen. Hang it up on the fridge to remember the rules and stay SAFE! 😊</p>	<p><a href="#">Dinner Time</a> Help clean up after dinner each day this week. Be sure to remind your family to try and not waste food or water! Don't forget to put any leftovers in the fridge and food scraps in the compost bin! Let's do our part and help make planet Earth feel better!</p>
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