

RJDS Continuous Learning Program for Grade 3&4

Activities for the Week of April 27th - May 1st

Make sure you spend time everyday being active and getting outside for fresh air!

You have to make your own recess time and set aside time for physical activity!

Monday

	Morning	Afternoon
L. Arts & Math First Prior ity	<ul style="list-style-type: none">• 9:30 Zoom: Whole class meeting (approx. 30 min) 3rd graders to be dismissed at 10am, 4th grade class continue meeting (approx. 30 min).• Girls - begin writing the fantasy story on your idea that Micah and her Magic Helmet encounters next.• All other students: Write a creative story about a fisherman who kept reeling in treasures instead of fish.• BrainPOP: English; Grammar; Run-on sentences - take quiz, email me results. (Gr4)• BrainPOP, Jr: Reading & Writing; Types of Sentences - take hard quiz, email me the results (Gr3)• Find a book on EPIC! Read for 20 minutes.	<ul style="list-style-type: none">• Khan Academy (Gr3) www.khanacademy.org Class code: TH9APU4W Understanding fractions continued• Khan Academy (Gr 4) www.khanacademy.org Class code: VKZDT8WM Equivalent fractions continued

Optional	<p style="text-align: center;"><u>IXL - English</u></p> <p>https://www.ixl.com/signin</p> <p>Go to recommended assignments and work on your English activities.</p> <p style="text-align: center;"><u>Scholastic Reading</u></p> <p>https://classroommagazines.scholastic.com/support/learnathome/grades-3-5.html</p> <p>Follow their suggestions for the weeks.</p>	<p style="text-align: center;"><u>Math Playground</u></p> <p>Go play some math games! https://www.mathplayground.com/</p> <p style="text-align: center;"><u>Fact Monster</u></p> <p>https://www.factmonster.com/math-science/mathematics</p> <p>Go here to practice addition, subtraction, multiplication and division facts.</p>
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Grade 3&4 - Week of April 27th - May 1st		
<p style="font-size: 24px; color: purple;">Tuesday</p> <p style="background-color: yellow; text-align: center;">Zoom call with Omer from 1:00-1:40 for Yom Ha'Zikaron</p> <p style="background-color: yellow; text-align: center;">Zoom Israeli Dancing with Morah Reesa at 2:00pm</p>		
<p style="text-align: center;">Social Studies & Science</p> <p>First Priority</p>	<p>Morning</p> <ul style="list-style-type: none"> • (Gr4) Find the new Canadian Reader issue on Seesaw. Read the first article "When Covid-19 Strikes". • Fill out "Summarize what You Read". • Choose one of the 'after reading' activities to do. Share with me. • (Gr3) Currents4Kids - Choose two articles to read and take the quizzes. 	<p>Afternoon</p> <ul style="list-style-type: none"> • BrainPOP, Jr. (GR 3) https://jr.brainpop.com UN: ramihude PW: 002018 Science: Energy; Energy Sources, Heat; Light; Sound Watch videos of the all four articles this week. Take the hard quiz & do word play. Share your work. • BrianPop (GR 4) https://www.brainpop.com UN: ramihude

	<ul style="list-style-type: none"> • Read for 20 minutes. If you read your own book - share with me. 	PW: 002018 Science: Energy - Forms of Energy; Kinetic; Potential; Energy Sources Watch videos of the articles . Take quizzes and email me results. tbowden@rjds.ca
Optional	<p style="text-align: center;">Geography (GR 4)</p> <p>www.brainpop.com Social Studies: <i>Geography; Continents of the World; Latitude & Longitude; Geography Themes</i></p> <p style="text-align: center;">Geography (GR 3)</p> <p>https://jr.brainpop.com/ Social Studies: <i>Geography; Continents & Oceans; Landforms; Rural, Suburban & Urban</i></p> <p>People of the Northwest Coast https://youtu.be/beKxz_2UtMA</p>	<p>https://www.youtube.com/watch?v=IIMN-XVcpkE</p> <p>Watch the videos on the moon and tides. Feel free to find other videos to watch on this subject and how the moon affects the earth.</p> <p>https://bit.ly/2WAd4kt</p> <p>Read about the phases of the moon. Click on the easy experiment, try the quiz.</p>

Grade 3&4 - Week of April 27th - May 1st
Wednesday No Class Zoom Meetings Today!
<p>Refer to Yom Ha'azmaut Activity Board for Special Activities and Zoom calls. We will spend all day celebrating Israel!</p>

Grade 3&4 - Week of April 27th - May 1st

Thursday

L. Art
Math
&
Tech

First
Priori
ty

Morning

- 10:30 Zoom - "A Boy Called Bat" book club meeting for boys group.
- Continue your creative journal stories from Monday. If you have already, or do, complete your story, read over, revise, then edit. You may submit to me for final editing only after you have self- edited.
- The expectation is not necessarily to finish your story, but IF you do, follow the directions above.
- Read for at least 20 minutes.
- Dance Mat Typing Practice
<https://www.dancemattypingguide.com/dance-mat-typing-level-1/>
Find your level and practice for 15-25 minutes.

Afternoon

- Continue your Khan academy lessons. Complete what has been assigned.
- Once completed, go to IXL and work on recommended assignments. The expectation is not for you to complete all recommended activities but spend a reasonable amount of time on them. (20 minutes Gr3; 30 minutes Gr4).

Optional	<p>Another interactive map! This time of Canada!</p> <p>https://www.canadiangeographic.ca/content/canada-kids-fun-facts</p> <p>Explore the Mystery of Science videos.</p> <p>https://mysteryscience.com/mini-lessons/germs-sanitizer?loc=mini-lesson-button</p>	<p>Explore BC with this interactive ecoprovince map.</p> <p>Explore the different regions and find out more about the animals and plants of the regions. Find 3 animals & 3 plants you are unfamiliar with.</p> <p>http://sierraclub.bc.ca/ecomap/</p> <p>Canadian Geography fun games!</p> <p>https://www.canadiangeographic.ca/content/kids-games</p>

Grade 3&4 - Week of April 27th - May 1st		
Friday		
First Priority	<p style="text-align: center;">Morning</p> <ul style="list-style-type: none"> • 9:30 Zoom: Whole class meeting (approx. 30 min). Debrief from the week. • 10:30 Zoom - "Micah & The Magic Helmet" girls book club meeting. 	<p style="text-align: center;">Afternoon</p> <ul style="list-style-type: none"> • Finish Colour Poetry assignment. See Seesaw for details. • Continue catch-up on your assignments • Illustrate with colour a cover for your colour poem. Take a picture and send to me.

	<ul style="list-style-type: none">• Catch-up and complete any unfinished assignments.• Check off from this form work completed.• Read at least 20 minutes.	
Optional	Work on any optional activities you would like.	

Continuous Learning Plan: Grades 3&4

Week of April 27th - May 1st

Hebrew & Judaics Activities for the Week

*Mandatory assignments. Please fill in the daily checklist [here](#).

*Tefilah - Shacharit

Prayer

Pray the morning prayer for 15 minutes.

Use any siddur you have at home or alternatively use this [online siddur](#).

Each day you pray earns you a ticket into a weekly raffle of \$20 Amazon gift card!

Last week winner: [Miri Grad](#)

After you have prayed, add your name [here](#).

Goal: practicing the morning prayers, staying connected and praying - specifically keeping in mind those affected by the current situation.

*Daily reading - 10 minutes

Any Hebrew reading book you have is good. If you don't have, here are a few options:

- [Online Stories](#)
Press on the purple link "הקליקו כאן" and the PDF will open up.
- [Stories online](#)
- [Short Stories](#)

If you need more reading texts, please email me.

Parshat Acharei-Mot & Kedoshim

Watch [The sin of Aron's sons & the holiest day for the jews](#)


Enjoy this video -[Acharei-mot & Kedoshim](#)

Share with your family member:

1. The names of the Parashot and its meaning.
2. Share 1 thing you learnt in the parasha.

For more info read [Acharei-Mot Roundup](#)
[Kedoshim Roundup](#)

<p>Enjoy Sefirat Ha'omer and Israel activities on iTalam website:</p> <p>https://www.italam.org/</p> <p>Use your own username and password that I sent through email.</p>	<p>* <i>This week we will celebrate <u>Yom Ha'atzmaut - Israeli Independence Day.</u></i></p> <p><i>Please pick some activities from the school-wide yom Haatzmaut form.</i></p> <p><i>Have fun!</i></p>	
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<p>FRENCH:</p>	<p>Continue working on Duolingo and tracking your progress on your log sheets.</p>	
<p>HOME ECONOMICS</p> <p>Try one of these and email your work to Morah Shany</p> <p>scohen@rjds.ca</p>	<p><u>Help Around the House</u></p> <p>Help with 5 tasks around the house this week. Some ideas: clean the dishes, dust, sweep, help make lunch, clean up after dinner, take out the garbage, water plants.</p>	<p><u>Family Recipe</u></p> <p>Talk to your parents about a recipe that was passed down to them from their parents or a recipe that they have been making for a while. Try to make this food item together.</p>
<p>TECHNOLOGY</p> <p>Try one of these and email your work to Morah Shany</p> <p>scohen@rjds.ca</p>	<p><u>Code.org</u></p> <p>Continue to work on www.code.org for 30 minutes. Be sure to watch the instructional videos before completing a level. Morah Shany is here to help if you have a question. If this is your first time logging in, you will need our section code: Grade 3 QRQKST and grade 4 WDCPTY</p>	<p><u>Google Earth</u></p> <p>Explore Earth right from the comfort of your home using a program called Google Earth! Can you find our school? Can you find your home? Can you find Israel?</p> <p>https://earth.google.com/web/@0,-123.0915285,0a,22251752,77375655d,35y,0h,0t,0r/data=KAE</p>
<p>ART</p> <p>Try one of these and email your work to Morah Shany</p> <p>scohen@rjds.ca</p>	<p><u>Thank – You Card</u></p> <p>Our loved ones do so much for us! Create a thank – you card for a family member in your household or your entire family. Please write what you are thanking them for. 😊</p>	<p><u>Art with Dots!</u></p> <p>Draw an animal of your choosing. Decorate your animal by using dots only! You can use markers or paint.</p> 

MUSIC Try one of these and email your work to Morah Shany scohen@rjds.c a	<u>Music in Commercials</u> Listen/watch two commercials, on the T.V or on the radio. How does the music in the commercials help the commercial? How do the commercials differ? What mood does the music try to portray in the commercial?	<u>Create a Melody</u> Melody is a mixture of pitch and rhythm. Create your own melody: https://musiclab.chromeexperiments.com/Melody-Maker/ NOTE – link will only work with chrome
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PE MONTHLY CHALLENGE

ROLL in Spring!



Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday	
School-Wide Fitness Challenge!						1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

Student: _____ Grade: _____ Days Completed: _____

Parent Signature: _____ Teacher: _____

Directions: Roll two dice and add the numbers together. The sum of the dice determines the exercise movement. Your workout should consist of at least **10** rolls of the dice. However, if you're feeling extra motivated, roll a few extra times to intensify your workout!

Roll a **2** – **25** Forward Jumps (w/rope)
Roll a **3** – **25** Backward Jumps (w/rope)
Roll a **4** – **25** Hop Jumps (w/rope)
Roll a **5** – **10** Frog leaps
Roll a **6** – **25** Jumping Jacks
Roll a **7** – **10** Burpees
Roll an **8** – **30** Low Planks & **30** High
Roll a **9** – **5** Pushups
Roll a **10** – **25** Sit-ups
Roll an **11** – **20** Calf Raises
Roll a **12** – **15** High Knees

Complete
the *ROLL in Spring* fitness challenge
throughout the month of May. Using the
calendar, write your initials for each day you
complete a workout. At the end of the
month, have your parents sign the bottom of
the calendar and email it to [Morah
Tammy](#). The student(s) from each
grade who completes the most workout
days within the month gets an
award certificate and prize.

GOOD LUCK!