

## Grades K-2 Extracurricular Activities: June 8<sup>th</sup> to June 12<sup>th</sup>

Please complete 2 activities for the week and send a picture of your completed work to [Morah Shany](#)

<p style="text-align: center;"><b><u>Shadow Art</u></b></p> <p>Did you know that we can make art with a little help from the sun? A shadow is a dark shape that happens when an object blocks the light. On a sunny day, take a paper, something to draw with, and a toy outside. Place the toy on the edge of the paper and draw the shadow of the toy that you see on your page. You can colour your picture. Here is a quick <a href="#">video</a> for inspiration.</p>	<p style="text-align: center;"><b><u>Drawing to the Beat of the Music</u></b></p> <p>Listen to one of your favourite songs and draw what comes to your mind when you hear the song. Your drawing could be of a feeling that the song is making you feel, or of an object or a person that the song is making you think of.</p>	<p style="text-align: center;"><b><u>Creative Shapes</u></b></p> <p>Using this <a href="#">template</a>, turn the circles, triangles, and squares into something unique and different. Here is Morah Shany's example: What unique pictures and drawings can you come up with out of these shapes?</p> 
<p style="text-align: center;"><b><u>Freeze Dance Party</u></b></p> <p>Turn up the music and start dancing! When the music stops, freeze in your position. How long can you hold your frozen dance move? You can dance to one of your favourite songs and try this <a href="#">robot song</a>.</p>	<p style="text-align: center;"><b><u>I-Spy: Flowers</u></b></p> <p>Go for a walk and count how many different types of flowers you were able to see. How are they different from each other? How are they the same? Draw a picture or write descriptive words to describe some of the flowers that you found.</p>	<p style="text-align: center;"><b><u>Yoga</u></b></p> <p>Yoga is an exercise for your body's flexibility, and it improves your breathing. Yoga is also a helpful exercise for relaxation. Try one of these <a href="#">videos</a>. Make sure you have a quiet space, either outside or inside.</p>

## More Fun Activities

Check out these super fun activities! You can choose to complete any of the activities below. Send a picture of your completed work to [Morah Shany](#)

<p style="text-align: center;"><b><u>Classy Moves</u></b></p> <p>Ask your family to play. One person is the leader. The leader dances for 20 seconds and the rest of the players copy the leaders moves. After 20 seconds a different player gets to be the leader. Here are the full <a href="#">instructions</a>.</p>	<p style="text-align: center;"><b><u>Simon Says</u></b></p> <p>Play Simon says with your family. One person is Simon, and that person says an action that the rest of the players must follow only if the leader says "Simon says" before the action. If they don't say "Simon says" the players DO NOT do the action. Here are the full <a href="#">instructions</a>.</p>
<p style="text-align: center;"><b><u>Crab Walk Race</u></b></p> <p>How would you walk if you were a crab? Pretend that you are a crab and have a race as a crab with a family memebr!</p> 	<p style="text-align: center;"><b><u>Art Hub for Kids</u></b></p> <p>Learn how to draw your favourite toys, flowers, foods, animals, and objects, with the <a href="#">Art Hub</a>! Please send a picture of your drawing to Morah Shany.</p>