

Continuous Learning Plan: Grade 7

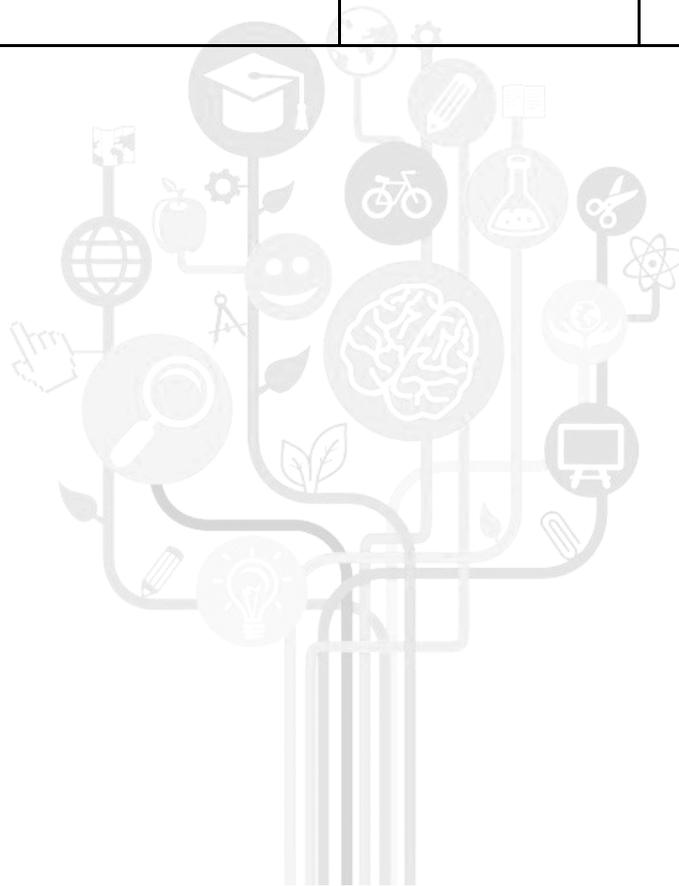
Week of March 30- April 3rd

English Language Arts Activities for the Week

(Choose 1-2 options per week to complete)

<p>Persuasive essay Min 2 pages. Home schooling is more suited to my method of learning.</p> <p>Please feel free to disagree</p>	<p>Word play How many words can you make from these letters:- c n c e e e n f o What is the word that uses all of these letters? Don't cheat!</p>	<p>A Big Question (min 2 paragraphs) How would life be different if the sun never set?</p>
<p>Hero List the 5 people you admire most. Choose 1 and explain what makes them a hero. What trait do you have in common with that person? What is the definition of a hero?</p>	<p>Goals Think of a goal that you have for yourself. Write a plan for how you will achieve it.</p>	<p>Diary Writing Keep a diary of this week. Divide into sections What I did How I felt What I wish What I would change</p>
<p>Comprehension Read the article about self driving cars. Answer the 4 questions that accompany the article. You must include text evidence to support each of your responses. https://newsela.com/read/self-driving-cars-laws-fed/id/21898/quiz/question/0/?collection=2000000224</p>	<p>Poetry Write a poem about a topic you are passionate about. : The type of poem is your choice and the topic is your choice. Below is a suggestion but it is <u>not</u> a required topic: Write a poem about how COVID-19 is impacting the lives of the following age groups across the globe:</p>	<p>Word study fun The following words have been taken from the grade 7 vocabulary list from flocabulary.com. Locate the meaning of each and then make a word search (you may use https://mywordsearch.com/ or other generator):</p> <ol style="list-style-type: none"> 1. adjar 2. blatent 3. casual 4. docile 5. grim 6. impede 7. humiliate 8. Insult 9. aggravate 10. eloquent

	<ul style="list-style-type: none">• Infants and Children birth-17• Adults ages 18-59 Senior citizens ages 60-100 Write one 4-line stanza for each age group.	
<p>American Authors recorded a song "Best Day of My Life" https://www.youtube.com/watch?v=OfTUj9mfnUk</p> <p>Read the lyrics as you listen to the song at least twice.</p> <p>Hear the lyrics of the song. Note certain words that you want to use as support in your writing. Think about a day you would consider as the best day. Write about that day including text evidence from the song to support your claim. Use an essay format to write about that day.</p>		



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Mathematics Activities for the Week

(Choose 1-2 options per week to complete)

<p>Graphing Flying foxes can live up to 17 years in captivity. Make as many different types of graphs as you can to compare the life spans of these animals. (bar, pie, line etc)</p> <table border="1"> <thead> <tr> <th>Animal</th> <th>Years</th> </tr> </thead> <tbody> <tr> <td>Llama</td> <td>20</td> </tr> <tr> <td>Dog</td> <td>18</td> </tr> <tr> <td>Raccoon</td> <td>12</td> </tr> <tr> <td>Chicken</td> <td>9</td> </tr> <tr> <td>Armadillo</td> <td>6</td> </tr> <tr> <td>Toad</td> <td>26</td> </tr> </tbody> </table> <p>Research 8 more animals to add to your graph.</p>	Animal	Years	Llama	20	Dog	18	Raccoon	12	Chicken	9	Armadillo	6	Toad	26	<p>Prime Pairs Prime Pairs are two prime numbers that differ by two. Eg 3,5 or 5,7 write 10 more prime pairs.</p>	<p>How Many? How many answers can you come up with for these questions? How can you tell if a person is very strong? How are a chicken and a cow the same? About 70% of the Earth is covered in water. The remaining 30% is land. Why don't people live on all that land and stop overcrowding?</p>
Animal	Years															
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<p>Problem Solving- Circles The diameter of a circular field is 24.6 metres What is the area? What is the circumference?</p>	<p>A million dollars You have won \$1 Million! How will you spend it? In complete sentences, write a short paragraph about your plans. You can't spend it all in place, (ex. Give it all to charity), be specific (buy Morah Sally a new car for \$55,000), and it should add up to \$1 Million.</p>	<p>Lego Find some lego and build a creation of your choice. When finished calculate the perimeter, area, and volume of your creation – Bonus See if you can calculate the surface area!</p>														

Play a Game

<http://www.mathwire.com/games/contig.pdf>

Exponential Growth Chart

Record the number of cases of coronavirus over the last month. Graph the data each day to create a growth curve.

"Pi" day

S(March 14th) We briefly celebrated at this day at school.

Try this at home by making your own PIE (or pizza). When finished measure the circumference and the diameter. Divide the values (C/d) and see how close to 3.14159 your answer is. Don't forget to share your pie with your family! Challenge your family to a memorizing competition to see who can memorize the most digits of pi.



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Social Studies Activities for the Week

(Choose 1-2 options per week to complete)

<p>Current Events Watch the news. See if different stations report different things. Listen to the radio, read the paper. Choose an article to report on.</p>	<p>Netflix and Tell Watch a historical documentary on Netflix, Amazon Prime, etc, and explain what it was about to a family member.</p>	<p>Political Cartoon Read a current event news story and create a political cartoon telling what the current event was about.</p>
<p>Map the virus. Using the news or other sources make note of the ways that the virus is traveling throughout Canada and the rest of the world.</p>	<p>Research Pandemics What do you know about a "pandemic"? What is it? Has it ever happened before? When? Create a chart with three columns. Label the first one "Know" and write what you already know under it. Label the middle column "Learned" and write what you learn under it. Label the last column "Want to Know" and list questions you may still have. You may learn about it from many different sources.</p>	<p>What Could Happen? Predict three possible changes that could happen to the world if the coronavirus continues to spread.</p>
<p>Research Why is a community important? Especially now.</p>	<p>Social Justice What do you think should happen to hoarders who try to resell products for a profit? Why?</p>	<p>What is the difference between an epidemic and a pandemic? Why Is Covid 19 regarded as a pandemic?</p>

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Science Activities for the Week

(Choose 1-2 options per week to complete)

<p>Food & Nutrition Design a poster of food groups necessary for your good health. Describe how this food helps you--list which macromolecules are being used from this food (carbohydrates, proteins, lipids).</p>	<p>Work or Power Look at 5 of your daily activities and see if it is work or power. Remember: Work is force times distance. Power is work over a time period.</p>	<p>Pets Living things have daily habits or rhythms. Observe your pets if you have them. Chart their daily habits and see if they occur at the same time daily or are they just having fun? Do you think they are creatures of habit?</p>
<p>Conversions Complete a chart of solids, liquids, and gases in your area.. What are some conversions that you observe? (condensation, vaporization, freezing, melting, deposition and sublimation)</p>	<p>Precipitation Measure daily precipitation for one week and chart on a graph. If you do not have a rain gauge, you could either put out a cup and measure the rain with a ruler or use the daily weather reports to find this data.</p>	<p>Body Systems Pick a body system and describe the importance of that system based on what you already know. What does it do in your body? If you have access to the internet, you can look up information about this body system. Then, choose a disease and research why that causes damage to your body system. Write this down on paper or a device.</p>
<p>Plants Plants native to one region are found all over the world Why?</p>	<p>Trivia Start a trivia challenge with your friends. Here's a start Who lives in Antarctica ? Tell them to challenge another person.</p>	<p>Climate Change Look up Bill Nye, the science guy on You tube. Watch the articles on climate change.</p>

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Hebrew & Judaic Activities for the Week

(Choose 1-2 options per day to complete)

<p><u>Hebrew</u></p> <p><u>Group A:</u> Log into your Bishvil Ha'Ivrit website to do a Pesach Trivia. I assigned this task for you for this week.</p> <p><u>Group B:</u> Follow along with new this PowerPoint. The PowerPoint includes Hebrew vocabulary, writing and a reading assignment!</p> <p>Enjoy!</p> <p><i>Goal: practicing Hebrew vocabulary, comprehension and writing.</i></p>	<p>Israeli studies - continue to work on your itinerary for the trip to Israel</p> <ul style="list-style-type: none"> If you need the list of places from your folder, please email mmoshkovitz@rjds.ca Info for each place: https://bit.ly/triptoisraelrjds 	<p>Daily Tefilla Challenge From Morah Riki!</p> <p>Start your day with a morning prayer for at least 15 minutes. Each day you pray earns you a ticket into a weekly raffle of \$20 Amazon gift card!</p> <p>Use any siddur you have at home or alternatively use this online siddur.</p> <p>After you have prayed, add your name here.</p> <p><i>Goal: practicing the morning prayers, staying connected and praying - specifically keeping in mind those affected by the current situation.</i></p>
<p><u>Hebrew</u> Group B Practice your Hebrew on Duolingo</p> <p>If you do not have an account, open one (it is free).</p>	<p><u>Hebrew</u> <u>Groups A & B:</u></p> <p>Daily reading - 15 minutes</p> <p>Read from your Bishvil Haivrit workbook, or any Hebrew books you have at your reading level.</p>	<p><u>Hebrew</u> <u>Group A:</u></p> <p>1. Watch the movie הקורונה בראינת המוח - User name: Richmond14 Password: brainpop</p> <p>You are now a reporter. Video yourself telling about the current situation with the Corona Virus.</p>

	<p>If you don't have any book at home, please email me at rikioire@gmail.com</p> <p><i>Goal: developing Hebrew reading fluency.</i></p>	<p>Please email your video to: roirechman@rjds.ca</p> <p>Looking forward to seeing all your creative videos!</p> <p>Group B: Show and tell (in Hebrew) - choose a favorite game, spot or any other item in your house that is meaningful to you. Video yourself:</p> <ul style="list-style-type: none"> - describing the item - describing its function - explaining why it is important to you <p style="text-align: center;">-----</p> <p>Please email your video to: roirechman@rjds.ca</p> <p>Looking forward to seeing all your creative videos!</p> <p><i>Goal: to practice speaking and expressing content in Hebrew</i></p>
<p>Make your own Haggadah http://punktorah.org/make-your-own-haggadah-for-kids/</p>	<p>Pesach Digital Escape Room https://platform.breakoutedu.com/game/play/passover-2020-2060</p>	

Technology Activities for the Week

(Choose 1-2 options per week to complete)



<p>Create a video journal expressing your feelings about a cause or concern you have in our society. It could be homelessness, hunger, education, violence, bullying, etc. This can be filmed over a series of days. You may use voice overs, music, or any artistic means to express yourself.</p> <p>A quality project will count for 3 separate days of learning.</p> <p>Online collaboration with a partner is allowed. This should be handled online though and not through face to face meetings.</p>	<p>American Authors recorded a song "Best Day of My Life" https://www.youtube.com/watch?v=0fTUj9mfnUk</p> <p>Read the lyrics as you listen to the song at least twice.</p> <p>Hear the lyrics of the song. Note certain words that you want to use as support in your writing. Think about a day you would consider as the best day. Write about that day including text evidence from the song to support your claim. Use an essay format to write about that day.</p>	<p>App Design</p> <p>If you could design any app that could benefit students or the world, what would it be? How would it be used? Do you have a design for what the app would look like?</p>
<p>Read the article</p> <p>attached about Michael Jordan from commonlit.org. There are text dependent questions and discussion questions for you to complete. You may read and complete on your device OR you may download and complete on paper.</p> <p>https://www.commonlit.org/en/texts/michael-jordan-a-profile-in-failure</p>	<p>Create a daily schedule for yourself</p> <p>Begin when you wake up, conclude when you go to bed.</p> <p>Include meals, study time, outside time, screen time, socialization time, reading, what ever you do in a day,</p> <p>Do you think a schedule help you?</p>	

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French Activities for the Week

(Use Duolingo daily then choose 1 other option per day to complete)

	<p>Use Duolingo! Use the app or website to do 15 minutes of French learning EVERY DAY!</p>	<p>Play a French Mr. Potato Head for 15 minutes to remember all the parts of the face that we had learned!</p>
<p>Watch this video by Aldebert- what do you think this song is about? Why? Discuss with someone at home.</p>		<p>Use this page of the 1000 most common French words to help you write at least 7 careful sentences in French! Email me a photo at erichardson@rjds.ca</p>
<p>Read this article explaining how to properly pronounce the French "r" - try your best to follow along with all the steps!</p>	<p>Watch this video (and speak out loud along with it) to solidify your understanding of family members in French!</p>	
	<p>Listen to "Le Petit Chaperon Rouge" - We are all familiar with Little Red Riding Hood, but now try to follow along with the story in French!</p>	<p>Use these online flashcards to practice your numbers to 100! Don't forget to flip the flashcard by clicking on it so you can hear the number in French, too!</p>

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PE Activities for the Week
(Choose 1-2 options per day to complete)

<p>Israeli Dancing!</p> <p>https://youtu.be/9Zwphf3kWBk</p>	<p>Get Outside!</p> <p>Take a walk, ride your bike, jump rope, roller blade, shoot some hoops, bounce a ball, go for a hike, jump on the trampoline, scooter. 40-50 minutes!</p>	<p>Israeli Dancing!</p> <p>https://youtu.be/hMyqqwdGJDo</p>
<p>Boot Camp!</p> <p>Jumping jacks x30 Frog leaps x30 High knees x30 Run in place x30 Walk for 30 seconds Do it all again!</p>	<p>NEW!! Israeli dancing from Morah Reesa...</p> <p>https://youtu.be/y2ZTSfbEb50</p>	<p>Dance, dance, dance! Find an age appropriate dance video on Youtube and dance to an upbeat, fun song!</p> <p>https://www.youtube.com/watch?v=ymigWt5TOV8</p> <p>Here's one to get you started!</p>
	<p>Game ideas to play solo!</p> <p>https://www.verywellfamily.com/games-for-kids-to-play-alone-1256807</p>	<p>NEW!! Israeli dancing from Morah Reesa...</p> <p>https://youtu.be/jqa6oi5sqoI</p>
<p>Israeli Dancing!</p> <p>https://youtu.be/67kVFHrSi1g</p>	<p>NEW!! Israeli dancing from Morah Reesa...</p> <p>https://youtu.be/YSdMnMcGL3c</p>	<p>Brain Pop </p> <p>www.brainpop.com</p> <p>Search Health & SEL;</p> <p>Suggestions:</p> <ul style="list-style-type: none"> Nutrition Sports & Fitness Relationships Emotions

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Extracurricular Activities for the Week

(Choose 1-2 options per day to complete)

<p>Do you need help with any assignments/work in any of your classes? Schedule a Zoom meeting with Morah Shany! https://calendly.com/scohenrjds/30min</p>	<p>Complete about 30 minutes of coding (section assigned by Morah Shany at: www.code.org</p> <p>*Please see note below*</p>	<p>Create your own tune: https://tonematrix.audiotool.com/ What instruments can you add to it? Look around the house and think about any "instruments" you can add to your very own song! An idea might be making a flute by blowing air into an empty water bottle! What instruments did you come up with?</p>
<p>Code a Micro: bit online! Make a smiley face! https://makecode.microbit.org/#editor</p>	 <p>With a black marker, draw an object of your choosing in the middle of your page (for example, an animal, flower, food, your hand). Inside your object, draw patterns in black marker. For the background, draw warm coloured patterns on one side on your page and cool coloured patterns on the other side of your page!</p>	<p>Using one of the books you are currently reading, illustrate one of the characters. Add detail to your character.</p>

