

Dear Parents,

This is a choice board for our kindergarten students to select from during this upcoming week. Please print these pages out and allow your child to draw a line through 3 or 4 box's per day. This choice board should take the week to complete and can be done at your own pace. By Friday, your child can put a line through all the leftover boxes that haven't been completed yet. I would like your child to be able to stretch and move in-between each activity and throughout the day. They can dance with "Just Dance" found on youtube, or YOGA or dancing to music. I would also like to meet your children on Zoom every morning before the day begins with a brief video conference where we can do Tfillah and say our good mornings like we would at school.

I have also set up all our kindergarten students on an online reading app called "EPIC." Simply go to the link below and sign in as a student under our class code "evu0059"

Select your name and you are in! Let me know how it works for you and if you need help along the way.

https://bit.ly/EPIC_reading

This is a list of age appropriate chores for children ages 2-6. I would like my kindergarten students to accomplish at least one of these chores every day.

HOUSEHOLD CHORE	DATE	PARENT SIGNATURE
Pick up toys		
Wipe up spills		
Dust		
Clear place at mealtime		
Help put away groceries		
Sort recycling		
Put dirty clothes in the laundry		
Make their bed		
Sort the laundry and put away clothing		
Feed the family pet		
Make a small snack		
Set the table		
Pull weeds from the garden		
Water plants		

Continuous Learning Plan : KINDERGARTEN BC Curriculum

WEEK OF MARCH 23rd -27th 2020

Please highlight 1 line down, or 1 line across, or 1 line diagonally in any direction. This will be the task of activities for your child per day. With each line from the above choice board, I would like each student to accomplish at least one task from the chore list below this chart.

<p>JOURNAL</p> <p>How is our new situation away from school for you? What does it look for you and what are you doing during this time?</p> <p>Write about your thoughts on one side of book, draw a picture on the other side.</p>	<p>MATH</p> <p>Exploring ten's frames. Click on the online link below for review practice on ten's frames.</p> <p>https://bit.ly/tens_frames</p> <p>Then explore the number 11 on 2 ten's frames. You will need to draw or print them out.</p> <p>How many different ways can you make 11 using a ten's frame? Ex: 1 red dot and the rest blue $1 + 10 = 11$</p> <p>Ex: 2 purple dots and the rest green $2 + 9 = 11$</p>	<p>SCIENCE: FORCE & MOTION</p> <p>What do each of these words mean to you?</p> <ol style="list-style-type: none"> 1. Force is... 2. Gravity is... 3. Pushes are... 4. Pulls are... 5. Simple machines are... <p>Find examples around your home that demonstrate each one of the above. You can demonstrate with a drawing or a picture.</p>	<p>NEEDS vs WANTS</p> <ol style="list-style-type: none"> 1. What is in our community? What are the places that you go to? Shopping, vegetable market etc... 2. What are the places we go to for things we want or the things we need? <p>Draw a picture or make a map of the community around you. What are your favourite places to go to and why?</p>
<p>MATH</p> <p>Build an "Ss" structure using 100 different toys in your house. Take a picture with you beside it when you are done.</p> <p>Ex: 20 lego pieces, 20 blocks, 10 cars, 20 books, 20 balls, 10 container lids It can be any groupings – please count and group objects</p>	<p>SCIENCE</p> <ol style="list-style-type: none"> 1.) Scholastic online: Click link below https://bit.ly/2Un8K5G_spring Scroll down to day 5 "SPRING" and follow all activities. 2.) Go on a "Spring" treasure walk. Use your 5 senses – your eyes to see what? Your ears to hear what? Your nose to smell what? Your hands to touch what? Draw or take a picture of your findings and write one thing about each. "Ss" says sssss for spring! 	<p>ALPHABET POETRY</p> <p>For each letter that we have done since the beginning of the year, please find the poem and highlight only the letter that the poem is about. Read each poem with an adult or an older sibling.</p> <p>These are the letters we have done: li, Ll, Ff, Ee, Tt, Hh, Jj, Pp, Rr, Bb, Dd, Uu, Cc, Oo, Gg, Qq, Ss.</p> <p>After highlighting the proper letter, count the number of letters and write how many within each poem.</p>	<p>MATH</p> <ol style="list-style-type: none"> 1.) 3D Objects: Visit https://bit.ly/3D_Shapes and familiarize yourself with puffed out shapes. 2.) Find objects in your recycling bin and create a structure or artpiece using 3D puffed out shapes. <p>"Ss" says sssss for structure!</p> <p>Take a picture of your structure 😊</p>

before building.			
<p>LETTER OF THE WEEK</p> <p>Please catch up on all the letters that we have worked on since Sept. Complete printing pages and pictures that belong to the printed letters. letters in colouring book.</p>	<p>LETTER OF THE WEEK "Ss"</p> <p>"Ss" says ssssss for spring</p> <p>1.) Create as many "S" shapes as you can using objects in your home.</p> <p>2.) Walk around your house and find all the objects that begin with the letter "S" and write them down onto paper. Draw a small picture beside each word.</p>	<p>MATH</p> <p>Visit https://www.abcya.com/ and have fun with free online math games.</p>	<p>SCIENCE <u>Our Body: Food & Exercise</u></p> <p>1.) What can you do today that you couldn't do before? WHY?</p> <p>3.) What exercise do you do to help you move around easily. What gives you energy to move? Show your work in your Journals.</p>

Continuous Learning Plan: Kindergarten

Week of March 23rd- 27th

Hebrew & Judaics Activities for the Week

(Choose 1-2 options per day to complete)

<p>Watch the video of the Alphabet song https://m.youtube.com/watch?v=JQKelexYrkU&list=RDJQKelexYrkU&start_radio=1 Sing with joy. Can you create the shape of the letters with your body?</p>	<p>Free App for practice Hebrew letter writing Go to the App Store App name - WriteABC_He orit kolev Enjoy practicing!</p>	<p>Work on the letter booklet that was sent home Remember to take your time and try your best</p>
<p>Write your Hebrew name in bubble letters, decorate it with crayons or other craft materials.</p>	<p>Check out this video link on Passover: https://bit.ly/quick_story_pesach Tell your ima and your abah all about it.</p>	<p>On EPIC: Listen and follow along to this story. "Dinosaur On Passover" In your journal write and draw about these 2 questions: 1. Who is the main character? 2. What is your favourite part of the story?</p>
<p>The story of Passover Watch the video English https://m.youtube.com/watch?v=8AkmYz85wM Hebrew https://m.youtube.com/watch?v=WKvLsg2eC-0 Choose someone at home to share what you have learned about the story</p>	<p>The holiday of spring Watch the following music video: https://m.youtube.com/watch?v=tBM0W847Pe8 Look out and see what nature looks like in the spring. Are there green leaves on the trees? Are there flowers? Is hot or cold? Is it sunny? Draw a picture of spring.</p>	<p>Simcha Raba - "Great joy spring arrives and Passover is here" Watch the following music video: https://m.youtube.com/watch?v=AWetH17ELXk Learn and practice the song. If you feel comfortable you can take a video of yourself and share it.</p>

<p>On EPIC: Listen and follow along to this story. Search and find all the letters on each page. Show your ima or abah.</p> <p>ABC Passover Hunt</p>	<p>On EPIC: Listen and follow along to one or both of these stories.</p> <ol style="list-style-type: none">1. Engineer Ari And The Passover Rush2. Sarah's Passover	<p>Practice the Ma Nishtana song. Visit this video at BimBam</p> <p>https://www.bimbam.com/judaism-101/passover/</p> <p>Who sings the Ma Nishtana?</p>
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Continuous Learning Plan: Grade K

Week of March 23rd- 27th

PE Activities for the Week

(Choose 1-2 options per day to complete)

Israeli Dancing! https://youtu.be/Tcrg62xCoIc	Get Outside! Take a walk, ride your trike or bike, jump rope, shoot some hoops, bounce a ball, go for a hike, jump on the trampoline, scooter. 20-30 minutes!	
Practice your... Jumping Jacks! Frog Leap! Bear Walk! Crab Walk! Snake Crawl!	https://www.youtube.com/watch?v=NrNcxluggHY My hat is has 3 corners in Hebrew!	Israeli Dancing! https://youtu.be/THFQkpUwTTO
	Practice your jump roping skills! Jump rope forward & backward. Count to 25.	
Israeli Dancing! https://youtu.be/OPIGodyJYCU		Go Noodle! Get active with a fun activity - your choice! https://app.gonoodle.com/

Continuous Learning Plan: Grades K-3

Week of March 23rd- 27th

Extracurricular Activities for the Week

(Choose 1-2 options per day to complete)

<p>Complete about 20 minutes of coding (section assigned by your teacher) at: www.code.org</p> <p>*Please see note below*</p>	<p>Dance it out! Pick 1-2 Zumba dances and DANCE IT OUT! https://family.gonoodle.com/channels/zumba-kids</p>	<p>Go through your recycling bin and make musical instruments out of the materials! Play a song with your new recycled instrument!</p>
<p>Doodle with Mo Willems (Author of "An Elephant and Piggie Book" collection) https://www.kennedy-center.org/education/mo-willems/ You may choose one of the episodes available.</p>	<p>Help a family member with 2 chores around the house! Take a picture of you helping!</p>	<p>Sort materials at home in two categories: primary colours and secondary colours. Watch this video before you start https://www.youtube.com/watch?v=bmquqAP2w_8 Don't forget to clean up when you are done!</p>
<p>With a family member decide a favourite song! Practice singing together a part or the whole song and record yourself singing your heart out!</p>	<p>Draw yourself as a superhero! What would your superpowers be?</p>	<p>Read https://www.storylineonline.net/books/the-rainbow-fish/ Draw a picture of your rainbow fish!</p>
<p>Take a deep breath, count to 10, and take another deep breath. Then watch 1-2 of the attached videos to relax. https://family.gonoodle.com/channels/think-about-it</p>	<p>Play a typing game at: https://www.abcya.com/games/cup_stack_typing_game</p>	<p>Read a picture book and draw one of the characters of the book. Make sure you colour your character and add detail!</p>

***Coding:**

1. Make a student account at www.code.org
2. Scroll down to "join a section"
3. For students in grade K-1, your section code is: PDTHRY
For students in grade 2-3, your section code is: QRQKST
4. Morah Shany has assigned your grade level a "course". Please work on that "course". Morah Shany will be able to track your progress online
5. HAVE FUN CODING 😊