

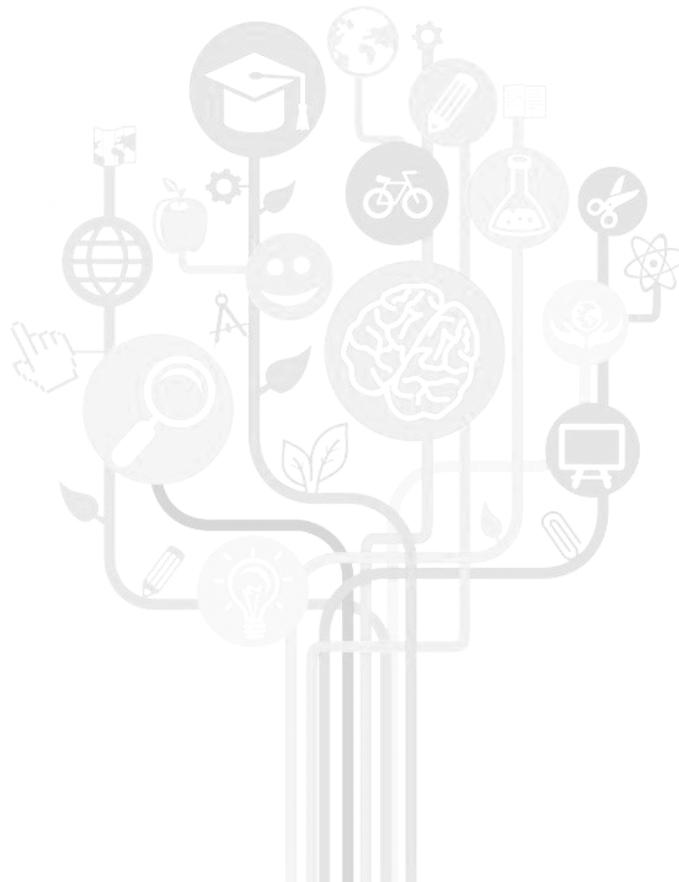
Continuous Learning Plan: Grade 7

Week of April 20th-24th

Mathematics Activities for the Week

(Choose 1-2 options per day to complete)

<p>Number of the day Choose a number from the booklet. One that has variables for some of the questions if possible</p>	<p>Problem solving Real world problems. 1 page per day Book a 1-1 time if you have questions</p>	<p>Begin the booklet Patterns, Variables, and equations</p>
<p>Fun Problems If my sister is 21 and she is 8 years older than me and my brother is 15 and he is 2 years older than me, how old am I?</p>	<p>Two people are at a party. The man pointed to a boy across the room and said "that's my nephew" His sister said "that's not my nephew" Can you sort this out?</p>	<p>Take a sheet of paper and draw a shape that uses 5 squares. This is called a pentomino. You should be able to make up 12 different shapes using 5 squares. Cut out your different shapes and fit them together. Is it possible to make a rectangle?</p>



An

<p>Continuous Learning Plan: Grade 7 Week of April 20th-24th</p>		
<p>Social Studies Activities for the Week (Choose 1-2 options per day to complete)</p>		
<p>Think of a person who made a positive difference in your life. What qualities does that person have that you would like to develop?</p>	<p>Imagine 20 years from now - you are surrounded by the most important people in your life. Who are they and what are you doing?</p>	<p>Describe a time when you were deeply inspired.</p>
<p>Reflection of Ancient Civilizations project. Write a page of reflections. What did you like? What would you change? Did you give 100% effort?</p>		



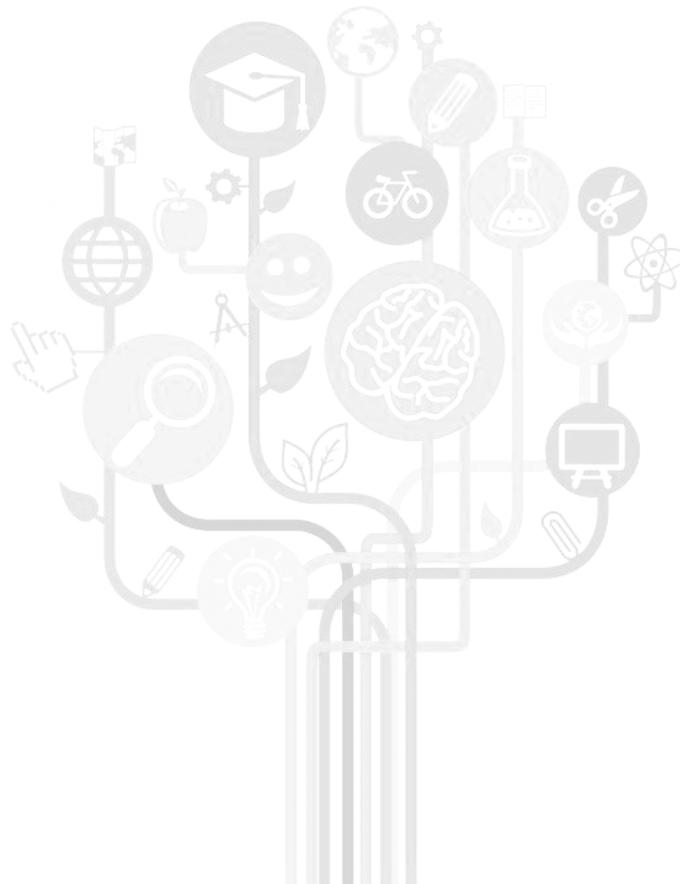
Continuous Learning Plan: Grade 7

Week of April 20th-24th^h

Science Activities for the Week

(Choose 1-2 options per day to complete)

<p>STEM activities I will send these to you individually.</p>	<p>Who is Charles Darwin? Why is he important?</p>	<p>What is radioactive dating?</p>
<p>What are fossils? How do they relate to Evolution?</p>	<p>Watch you tube videos about Evolution</p>	<p>Look up Bill Nye on Evolution</p>



Continuous Learning Plan: Grades 5-7

Week of April 20st- April 24th

Hebrew Activities for the Week

*** Hebrew**

Group A:

Choose one of the following
1. [ישראל חוגגת 1](#) Assignment.

1. Watch the video.
2. Answer the questions.
3. Email me a screenshot of your answers.

2. Read the article on page 227 in Bishvil Haivrit workbook.

Answer the questions in the book.

Write an essay on whether you agree or disagree and why (one page long).

Email your essay to roirechman@rjds.ca by Thursday April 23rd at noon.

Group B:

Bishvil HaIvrit-

Follow the instructions [here](#)

You can use your book for your convenience.

Email your work to

roirechman@rjds.ca by Thursday April 23rd at noon.

Hebrew

Group A:

1. Watch the movie [Brainpop- יום השואה והגבורה](#) and test yourself by answering the questions.

Username: Richmond14

Password: brainpop

Group B

Practice your Hebrew on [Duolingo](#)

If you do not have an account, open one (it is free).

*** Hebrew Reading**

Groups A & B:

Daily reading - 10 minutes

Read from your Bishvil Haivrit workbook, or any Hebrew books you have at your reading level.

If you don't have any book at home, please email me at

roirechman@rjds.ca

*** Tefilah - Shacharit Prayer**

Pray the morning prayer for 15 minutes.

Use any siddur you have at home or alternatively use this [online siddur](#).

Goal: practicing the morning prayers, staying connected and praying - specifically keeping in mind those affected by the current situation.

Continuous Learning Plan: Grades 5-7
Week of April 20th- April 24th

Judaic Activities for the Week

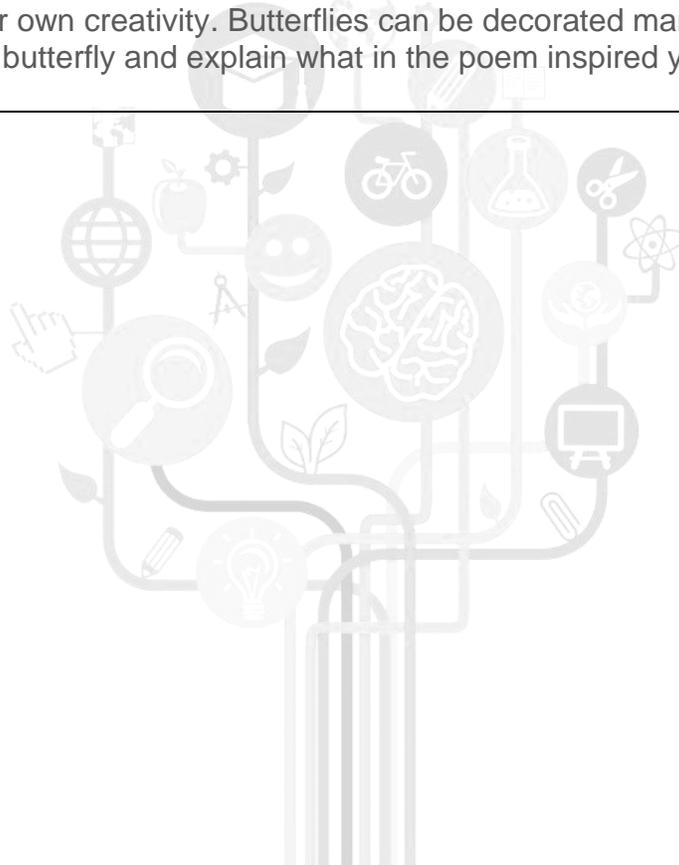
THE BUTTERFLY – A YOM HASHOAH ACTIVITY

April 20th 2020 is Yom HaShoah (Hebrew: יום השואה, "Holocaust Day"). This is the official day for remembering the Holocaust in Israel. It is also widely observed by Jews in other countries. Its date on the Jewish calendar is 27 Nisan. This was established in Israeli law by David Ben-Gurion, the Prime Minister of Israel in 1959. This date was chosen because it was during the Warsaw ghetto uprising.

The poem "The Butterfly," written by a young man imprisoned in Terezin during the Holocaust, has made the butterfly a symbol of the Shoah. This is an especially effective symbol for use with children. The butterfly is representative of the spirit of life and the quest for freedom.

Activity:

1. [Please read the poem.](#)
2. Choose one of the following activities and send it to mmoskovitz@rjds.ca no later than Thursday, April 23 at 1 pm:
 - A. Write 4 questions that come to your mind when you read the poem
 - B. Imagine what the life of the imprisoned young man looked like – draw a picture or write a paragraph
 - C. Turn the stars that the Jews were forced to wear into butterflies with one symmetrical fold, using your own creativity. Butterflies can be decorated many ways. Take a picture of your butterfly and explain what in the poem inspired you to choose your design



Bonjour et bienvenue au terme trois!

While at home, most of your focus is going to be on your core subjects and building the skills that will help you get to the next grade level. **For French, all that I am asking is that you use the Duolingo app or website (grades 5-7) or the Duolingo Kids app (grades 3-4) for 10 minutes, 3 times per week.**

If you want to do longer sessions, or sessions more often that is fantastic too! But at the minimum, I should see 3 sessions of 10 minutes logged on the following pages for each week. Be sure to state the date, length of time, topic studied (they are often arranged around some sort of theme such as family, hospital, or 'er' verbs) and some of the most important vocabulary covered that you can reference back to.



Feel free to download the log and fill it in electronically or print it out and fill it in by hand. I will be checking in from time to time to ensure that you are on track, so please ensure you are keeping up each week. French is a required subject that must be worked on weekly. You will have an end of term project that will have a variety of options- but we will get into that closer to the time!

I wish you all the best of luck, good health, and high spirits as we start this new and exciting term of continuous learning. We are making history together!

Bonne chance!

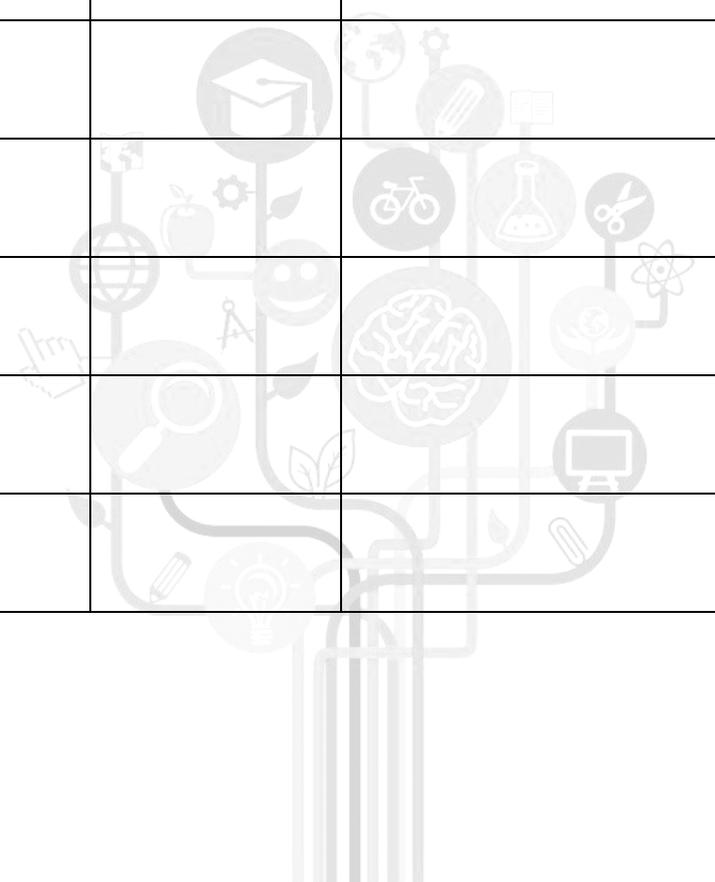
Morah Erin





DUOLINGO FRENCH LOG FOR

DATE	TIME ON DUOLINGO	TOPIC	NEW VOCABULARY TO REMEMBER
19 avril 2020	15 minutes	La famille	Oncle – uncle Tante – aunt Soeur - sister



Continuous Learning Plan: Grade 6 & 7

Week of April 20th-24th

PE Activities for the Week

(Choose 1-2 options per day to complete)

<p>Create a new smoothie recipe!</p> <p>Share your recipe with a friend!</p>	<p>Get Outside!</p> <p>Take a walk, ride your bike, jump rope, roller blade, shoot some hoops, bounce a ball, go for a hike, jump on the trampoline, scooter. 40-50 minutes!</p>	<p>Games to play as a family!</p> <p>https://www.verywellfamily.com/active-games-for-family-game-night-4065145</p>
<p>Boot Camp!</p> <p>Push Ups x30</p> <p>Sit ups x30</p> <p>Karate Kicks x30</p> <p>Run in place x30</p> <p>Walk for 30 seconds</p> <p>Do it all again x 3!</p>	<p>Israeli Dance Link</p> <p>https://youtu.be/y1QrJQ2nECA</p>	<p>Yoga!</p> <p>https://youtu.be/9XBnftTBmAk</p> <p>Enjoy some Yoga!</p>
<p>Wake Up Workout!</p> <p>Complete a stretching or workout routine 45</p>	<p>Game ideas to play solo!</p> <p>https://www.verywellfamily.com/games-for-kids-to-play-alone-1256807</p>	<p>Brain Pop</p> <p>www.brainpop.com</p> <p>Un: ramihude</p> <p>Pw: 002018</p>

<p>minutes after you wake up. Try to include: strength, flexibility, endurance, and agility.</p>	<h2>Israeli Dancing For All!</h2> <p>https://youtu.be/RuOuDeSfj1I</p>	<p>Health & SEL: Mental Health; Communication & Teamwork; Nutrition; Sports & Fitness</p>
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Extracurricular Activities: Grades 5 – 7

Week of April 20th to April 24th

Please choose **1** activity from **each subject** to complete for the week. Morah Shany would love to see your completed work: scohen@rjds.ca 😊

<h3>TECHNOLOGY</h3>	<p><u>Code.org</u> Continue to work on www.code.org for 30 minutes. Be sure to watch the instructional videos before completing a level. Morah Shany is here to help if you have a question. If this is your first time logging in, you will need our section code: WDCPTY</p>	<p><u>Make an Animation</u> Explore a new program called SCRATCH! Click on “Tutorials” tab on the top left-hand corner. Pick 1-2 tutorials to watch. Try them out. Please connect with Morah Shany if any questions arise 😊 https://scratch.mit.edu/projects/editor/?tutorial=getStarted</p>
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<h3>ART</h3>	<p><u>Community Heroes</u> Show your thanks to our frontline workers by taping up your artwork of rainbows, hearts, and flowers on your window (facing outwards). Include a thank you note! Who are your local heroes? A local nurse? A grocery store worker? There are so many heroes!</p>	<p><u>Earth Day</u> It’s Earth Day this Wednesday! Celebrate by creating a drawing of the beautiful outdoors using... SHAPES! If you don’t have a compass, use any circular objects that you have at home (glue caps, bottom of cups, be creative!). https://crayolateachers.ca/lesson/earth-day-circle-art-symmetry-colour-contrast/ Bonus: use recycled paper!</p>
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<p style="text-align: center; font-size: 24pt; color: #0056b3;">MUSIC</p>	<p><u>Genres Through Time</u> Pick your favourite song genre. For example, jazz music. Pick a song in that genre that was recently made and pick a song that was made at least 10 year prior. How do the songs differ? How does the language differ? The beat? The mood that the song is portraying? Why do you think the difference in time makes the two songs in the same genre so different?</p>	<p><u>Portraying a Mood</u> Decide on a mood or a feeling. It can be a feeling that you are currently feeling or a random one that you wish to portray. Using the link below, portray your chosen feeling. How will the different notes help your audience feel your chosen feeling? For example, if you choose your feeling to be joy, would a majority of your notes be high or low? Would it be quick or slow? Once you are done, play the song to a family member and see if they can guess your chosen feeling. https://musiclab.chromeexperiments.com/Song-Maker/</p>
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<p style="text-align: center; font-size: 24pt; color: #6a3d9a;">HOME ECONOMICS</p>	<p><u>Eating Healthy (Part 1)</u> Create 3 meal ideas for a full day of healthy eating. Use Canada's Food Guide. Look up recipes that you think are healthy or type up family recipes that are healthy. https://food-guide.canada.ca/static/assets/pdf/CFG-snapshot-EN.pdf</p>	<p><u>Sparkling Room</u> What does a clean room consist of? A bed that's made? Clean floors? Neat desk? Clothes that are neatly put away? Trash that's taken out? Make a checklist of everything that you need to do to achieve a "sparkling room". Check off each task as you get it done. Try to keep it clean the whole week!</p>
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