

Intermediate grades 5-7

Activities 1,2, 8, 11 and 13 all take place on Zoom at specified times. Numbers 1,2, and 13 are very important for you to attend. The others are other fun ways to celebrate Yom Ha'atzmaut!

Activity #1 –

YOM HAZIKARON with Omer

Tuesday April 28

- Group A 9:15 - 9:45
Zoom
 - Group B 11:45 – 12:15
Zoom
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- Activity #2

Yom Ha'azmaut with Omer

Wednesday April 29

- Group B 9:00 – 10:00
Zoom
- Group A 11:30 – 12:15
Zoom

Activity #3

Poster Tales for Yom Ha'atzmaut

Poster Tales is a series of Israeli-made posters that originated with the founding of the Jewish state. Each year, Israeli artists submit their posters and designs in the hope that one will be featured as Israel's Independence Day image. Each poster – with its vivid imagery, symbols and themes – encapsulates a time and a people that shows the progression of Israel through the decades. Below is a tiny taste of what the curriculum comprises, and an example lesson plan for tailoring the resource to other holidays as well.

[Go to this link to download the series.](#)

Choose one activity:

1. Find similar themes in the posters – for example: Army and Security Forces (1949, 1983, 2003)
2. Create your one poster for 2020

Share your poster with [Malki](#)

Activity #4

[A Timeline of 72 Years of Israeli Achievement](#)

Join us on a fascinating journey through the last 72 years to discover how Israel has become one of the most creative and innovative countries in the world.

<https://www.israel21c.org/70-years-of-israeli-achievement/>

Choose one activity:

1. Choose your 4 top discoveries and explain why
 2. What kind of problems these discoveries help with?
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Activity #5

[Wave Flags - Make your own Israeli flags to wave when we gather to sing Hatikvah together.](#)

Decorate construction paper or felt with stamps, ink, and markers and attach to a popsicle stick, or follow for something a little bit more formal.

[You can also download a printable flag by clicking this link.](#)

Activity #6

[Take a Virtual Tour of Israel - Video](#)

Be a detective:

- Make a list of all the animals you see.
 - What kind of sports are people playing?
 - From the scenes in the video, which religions can you identify?
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Activity #7

[Israeli Crossword Puzzle](#)

Click here to do the crossword puzzle - [crossword puzzle](#)

Activity #8

[Israel Kahoot Game with Morah Riki](#)

10:30 Zoom meeting

Activity #9

[Israeli Food](#)

[Watch this video](#) and make a list of all the Israeli food you have tried before

Activity #10

[Cook Israeli food together](#)

See below for ideas and recipes.

Make your own Hummus:

These tasty little legumes are the darling of gluten-free eaters, and the nutrient-packed basis of many delicious comfort food staples like *hummus* and *falafel*. They are also a great healthy snack seasoned and toasted. Try one of our favorite recipes.



[Click here for a hummus recipe.](#)

Make your own Shakshuka

Shakshuka is popping up on brunch menus all over north America. This vegetarian dish is usually served in a sizzling pan straight from the oven. At it's base, shaksuka is tomato sauce with cooked eggs on top. Although it's a popular brunch or breakfast dish here, it can be eaten any time of the day -- and it's a great way to get your kids to eat their veggies. Try adding cheese, spinach, or chili peppers to your own version of shakshuka.

[Click here for a shakshuka recipe.](#)



Make your own Israeli Salad

Israeli salad can typically be found at the many falafel street stands all over Israel. It is served on its own as a side dish or inside a pita sandwich wrap. This fresh, light, and colorful salad is sure to become a favorite for your family. Chopped tomatoes, cucumbers, onions, and parsley combine with a drizzled dressing of lemon juice, olive oil, garlic, and mint leaves. Goes great in a pita with falafel, hummus, and tahini, but also works as a side dish with any middle eastern, Greek, or even north African food.

[Click here for an Israeli Salad recipe.](#)



Activity #11

Israeli Dancing with Morah Reesa

1:00 PM Zoom

Activity #12

Greeting Card and Wishes

Create a greeting card with your wishes for Israel 72 Independence Day
Please send it to [Morah Erin](#)

Activity #13

Final Assembly

Please join us at 2:00 pm on Zoom for the final assembly for Israel 72 Independence Day celebration
Please wear blue and white
Bring your Israeli flag